September 28, 2017

Rules Interpreters,

I would appreciate if you could send this out to the assignors in your sports for me.

It has come to our attention that there is a medical procedure that can be used to help alleviate the symptoms of Migraine headaches, it is called DAITH piercing in which a small earing is placed inside the ear. I have attached a picture of what it looks like that was received from the NFHS. The earing may not look like the one in the picture, but it is very tiny.

Athletes wearing this type of piercing should have a doctor’s note authorizing its use by the athlete and a note from the NJISIAA. Since this is something new, if the athlete does not have a doctor’s note, the official should let the athlete play the game with the DIATH piercing and follow up with the NJISIAA to report the athlete and the school.

Thanks,

Al Stumpf

NJSIAA - Assistant Director
FOR MIGRAINE HEADACHES

DAITH PIERCING