

Volleyball 2011 Part I



NOTE: Team S = serving team; Team R = receiving team.

1. During the match, each line judge shall assist the first and second referees by determining at the moment of contact for the serve, whether the server touches the end line or the floor outside the lines marking the width of the serving area.

A. True

B. False

2. A replay may be declared when a player's legitimate effort to legally play the ball, in the judgment of the referee, is affected by a wall, floor obstacle or nonplayable area within 12 feet of the court.

A. True

B. False

3. In the absence of a timer, the scorer will have the responsibility to time time-outs and intervals between sets.

A. True

B. False

4. The official scorer records in the Comments section of the scoresheet all warnings, penalties and disqualifications for unsporting conduct.

A. True

B. False

5. Prior to each set of the match, the scorer shall provide the second referee with a lineup, which lists the players' numbers in serving order and the number of the libero, if being used by the team.

A. True

B. False

6. During the set, the libero tracker shall record libero replacements and substitutions.

A. True

B. False

7. The timer shall time the interval between sets (three minutes) beginning when the first referee signals the teams to report to the appropriate team benches.

A. True

B. False

8. The line judge's only responsibility is to make calls on whether a ball is in bounds or out of bounds.

A. True

B. False

9. The libero, when used, cannot be the team captain.

A. True

B. False

10. Any player designated as a libero in the match may be listed on the roster with two numbers.

A. True

B. False

11. A libero may complete an attack from anywhere if, at the moment of contact, the ball is entirely above the height of the net.

A. True

B. False

12. A libero shall not block or attempt to block.

A. True

B. False

13. Play continues when a player recovers a ball hit into the net and the team has not had more than three hits.

A. True

B. False

14. An undergarment, such as a T-shirt, body suit, etc., worn under the uniform top that is exposed, must be of a single color similar to the predominant color of the uniform top.

A. True

B. False

15. A foul is called when a served ball that has only partially crossed the net is attacked.

A. True

B. False

16. Back-row players, while positioned behind the attack line, may not contact the ball below the top of the net.

A. True

B. False

17. The captain for Team R addresses the first referee on a dead ball complaining that the RF on Team S is screening as he/she is standing close to the net and in front of the CF on Team R as the ball is served high over the RF on Team S. The R1 indicates legal, not screening.

A. True

B. False

18. Unnecessary delay is called when a team repeatedly uses improper substitution procedure.

A. True

B. False

19. Points scored by the serving team are canceled when it is discovered that the Team S libero is an illegal replacement.

A. True

B. False

20. An improper substitution occurs when a substitute and the outgoing player do not take correct exchange positions.

A. True

B. False

21. Referees may use time-outs for any reason they deem necessary in the conduct of sets and matches.

A. True

B. False

22. A libero replacement cannot take place during a time-out while teams are at the bench area.

A. True

B. False

23. Teammates, on the team bench, must be seated except for specific situations outlined by the rules book.

A. True

B. False

24. Head coaches are not allowed to stand during play.

A. True

B. False

25. Double Hit - Hand and arm nearest violating team raised, showing two fingers.

A. True

B. False

26. Illegal Attack - Raise both hands to head height, palms forward.

A. True

B. False

27. Substitution - Circular motion of hands around each other (two times) at head height.

A. True

B. False

28. Illegal Alignment/Improper Server/Inaccurate Lineup - Hold arm nearest offending team overhead, elbow bent, making two circles with the arm before pointing toward the court of the offending team followed by penalty signal.

A. True

B. False

29. A hard-driven spike hits the forearm of the CB and then deflects off his/her knee. The first referee considers this a legal multiple contact by any part of the player's body and play continues.

A. True

B. False

30. Two substitutes approach the substitution zone together to enter the set. R2 allows the first substitute into the substitution zone and, without delay, requests the second substitute to wait outside the substitution zone until the first substitute enters the set. R2 then waves the second substitute into the substitution zone and permits him/her to proceed with the substitution.

A. True

B. False

31. Legal contact is a touch of the ball by any part of the player's body that does not allow the ball to visibly come to rest or involve prolonged contact with the player's body.

A. True

B. False

32. It is legal for the first referee to declare a replay under a variety of situations, as outlined by the authority within the rules.

A. True

B. False

33. It is legal for the libero replacement to take place between the center line and the attack line.

A. True

B. False

34. Prior to a deciding set, players shall remain on their respective end lines during the coin toss.

A. True

B. False

35. It is legal for a setter to step completely over the center line with one foot while making a play.

A. True

B. False

36. A match shall be declared a forfeit when:

- A. There are only five eligible players for the final set.
- B. A team uses three time-outs.
- C. A player receives his/her second misconduct penalty.
- D. No authorized school personnel is present to assume responsibility for the team when the head coach is removed from the premises/disqualified.

37. The second referee is not required to:

- A. Verify the score at the end of each set.
- B. Check the lineup card prior to each set.
- C. Determine hand/foot faults at the center line.
- D. Touch the net and signal net serve.

38. Prior to each set, the libero tracker enters on the tracking sheet the starting players in the proper service order, when this information is received from the scorer.

- A. True
- B. False

39. Non-team members include:

- A. Managers and coaches.
- B. Bench players.
- C. Officials, media and spectators in playable area.
- D. Adult statisticians located on the team bench.

40. During a time-out, substitutes from the same team must report at the same time.

A. True

B. False

41. A substitution is illegal when the substitute re-enters the set without assuming his/her original position in the serving order.

A. True

B. False

42. A player exhibiting signs, symptoms or behaviors consistent with a concussion may return to play:

A. With parent approval to the coach.

B. In the next set.

C. After being cleared by an appropriate health-care professional.

D. Wearing approved headgear.

43. A back-row player with one foot in front of the attack line may return a ball that is partially above the height of the net.

A. True

B. False

44. It is legal to wear a knee brace without extra padding, as long as the brace remains unaltered from the manufacturer's original design/production.

A. True

B. False

45. A time-out may be called after the referee has called a re-serve.

A. True

B. False

46. The head coach may receive a yellow or red card for disrespectfully addressing a line judge.

A. True

B. False

47. A head coach receives a yellow card for standing in the libero replacement zone during a dead ball and coaching a player substituting into the set.

A. True

B. False

48. Ready to Play - While standing on the receiving side, hold both hands open at shoulder height, facing R1.

A. True

B. False

49. The head coach receives a yellow card and must remain seated during play for the remainder of the match. The assistant coach may now stand during play to coach the team.

A. True

B. False

50. It is legal to touch the net as long as there is no interference with the opponent.

A. True

B. False

51. At the end of the match, after the first referee confirms the score, he/she blows the whistle and releases the players.

A. True

B. False

52. Which of the following may attend the captains' meeting before the deciding set?

- A. Home team captain only.
- B. Last server for each team.
- C. Liberos only.
- D. Multiple team captains.

53. At the beginning of each set, by rule, the coach shall submit:

- A. A written lineup listing the uniform numbers only in serving order.
- B. A court diagram with players.
- C. A written lineup and court diagram with players in floor position.
- D. None are correct.

54. When a team commits a fault, the result is a loss of rally and the opponent shall receive a point.

- A. True
- B. False

55. If a team has fewer than six eligible players after the start of the match:

- A. The set must be forfeited.
- B. A loss of rally/point is awarded when the vacant position rotates to right back.
- C. The captain must serve for the vacant position.
- D. The opposing team must play with the same number of players.

56. The use of artificial noisemakers is not allowed at matches.

- A. True
- B. False

57. During the set, the second referee shall verify and confirm to the first referee that the 24th point has been scored (14th point in a deciding set).

A. True

B. False

58. The second referee has the responsibility to:

A. Arrive onsite at least 30 minutes before the starting time.

B. Review specific duties with the scorer and libero tracker.

C. Assist the first referee in prematch duties.

D. All are correct.

59. The second referee:

A. Must record both teams in starting floor position on his/her lineup card.

B. No longer has to use a lineup card.

C. Has the option to record both teams starting positions on their lineup cards.

D. Must use the original coaches' copy of written lineup as a lineup card.

60. At the moment of the serve, the second referee should stand:

A. On the serving team's side.

B. Leaning against the net standard.

C. Away from the net on the side of the receiving team.

D. In front of the net standard, closest to the court.

61. The scorer must receive each team's roster no later than:

- A. Two minutes before the match.
- B. Five minutes before the match.
- C. Ten minutes before the match.
- D. At the official's request.

62. The scorer shall record in the Comments section of the scoresheet when a player is removed from the set under concussion management.

- A. True
- B. False

63. During the match, one of the responsibilities of the line judge is to indicate when the ball touches the antenna.

- A. True
- B. False

64. Some of the common line judge responsibilities include:

- A. Indicating whether the ball is inbounds or out of bounds.
- B. Indicating when the ball touches the net antennas.
- C. Determining at the moment of contact for the serve whether the server touches the end line.
- D. All apply.

65. All players, excluding the libero, shall be in correct serving order.

- A. True
- B. False

66. The server may bounce the ball, spin the ball in front and then toss the ball in the air to begin the service action.

A. True

B. False

67. A re-serve is no longer allowed in high school volleyball.

A. True

B. False

68. A server intentionally serves before the first referee's signal to begin.

A. Unsporting conduct is signaled.

B. Delay of set is called.

C. Both unsporting conduct and delay are called.

D. None are correct.

69. The libero is required to leave the playing area before replacing the incoming player to serve.

A. True

B. False

70. Play continues when:

A. Players on opposite teams touch the net at the same time.

B. The player hits the bottom of the net.

C. A player's foot is on the center line.

D. All allow play to continue.

71. When teammates contact the ball at the same instant, it is permitted and considered one hit.

A. True

B. False

72. Play continues when a back-row player, positioned behind the attack line, contacts the ball completely above the height of the net and completes the attack.

A. True

B. False

73. Which of the following hair device is legal?

A. A bobby pin with a soft plastic flower.

B. Headband made of hard plastic.

C. Unadorned flat barrettes.

D. Beads in the hair.

74. The color of the libero's uniform top must be different and shall not contain any color that appears on the uniform top of any other teammates.

A. True

B. False

75. A libero shall wear a uniform that has:

A. Numbers that are the same color as teammates.

B. Like-colored shorts to teammates.

C. The same length of sleeve as teammates.

D. None apply.

76. All players must enter the match with their uniform top hanging below the waistband or tucked into their uniform bottom.

A. True

B. False

77. A foot fault occurs when a player violates the serving area or center line restrictions.

A. True

B. False

78. A replay is declared when the ball contacts a backboard or its supports hanging in a vertical position over a playable area and would have remained in play in the judgment of the R1 and a player is in a position to make a play.

A. True

B. False

79. A replay may be declared when:

A. There is a double foul during a live ball.

B. There is an inadvertent whistle.

C. A foreign object is thrown onto the court.

D. All are correct.

80. Even though the match is completed, the referees have the responsibility to complete any required reports related to action occurring in the match.

A. True

B. False

81. Unnecessary delay occurs when:

- A. The head coach is standing during a dead ball.
- B. A captain approaches the first referee with a question.
- C. An illegal substitute attempts to enter the set.
- D. All are correct.

82. How many substitutions may a team have per set?

- A. 10.
- B. 18.
- C. 22.
- D. Unlimited.

83. When the serving team is called for an illegal substitution, only the last point scored during that term of service shall be cancelled.

- A. True
- B. False

84. A libero replacement is illegal when:

- A. Completed during a dead ball.
- B. The libero or the replacement is not listed on the roster.
- C. Completed between the attack line and the end line.
- D. All are legal.

85. A substitution request may be granted:

- A. After the first referee has signaled for serve.
- B. At the captain's request.
- C. During a re-serve.
- D. Prior to the start of the set.

86. A player may not cross the extension of the center line outside the court at any time.

- A. True
- B. False

87. It is legal for any ball to be blocked by a front-row player, excluding a served ball, when it has broken the plane of the net.

- A. True
- B. False

88. If a back-row setter jousts with the opponent's middle blocker when the ball is partially over the net:

- A. The official shall call a replay.
- B. The setter is allowed to complete the attack.
- C. Play continues.
- D. The official shall call illegal block.

89. A libero, positioned behind the attack line, is prohibited from setting the ball with overhead finger action to a front-row teammate.

- A. True
- B. False

90. Exceptions to NFHS playing rules to provide reasonable accommodations to individual players with disabilities and special needs may be authorized by:

- A. The first referee.
- B. The local officials associations.
- C. The school principal.
- D. Each state association.

91. The state association may allow officials to wear:

- A. A white hooded sweatshirt.
- B. A black long-sleeve shirt.
- C. A white, collared long-sleeve polo shirt or sweater.
- D. Any colored matching long-sleeve shirt.

92. The net may have a white net sleeve no wider than $3 \frac{3}{8}$ inches:

- A. Along the top of the net only.
- B. With a school logo or mascot.
- C. With corporate advertising.
- D. All may be on the net.

93. The net shall be:

- A. 4 feet wide.
- B. 36-39 inches wide.
- C. 42-44 inches wide.
- D. 1.5 meters wide.

94. Which of the following would be unsporting conduct for a coach?
- A. Attempting to influence a decision by a referee.
 - B. Using a megaphone at courtside for coaching purposes.
 - C. Using electronic equipment during the match and intermission, excluding computers, for coaching purposes.
 - D. All are unsporting conduct.
95. When a team submits an inaccurate lineup, the correct signal should be:
- A. Circular motion with entire hand (illegal alignment).
 - B. Both hands on hips (unnecessary delay).
 - C. Both thumbs up (replay).
 - D. None are the correct signal.
96. The team captain requests a time-out in the last set with no time-outs remaining. The penalty is:
- A. Unnecessary delay (loss of rally/point).
 - B. Unsporting conduct (yellow card).
 - C. Both unnecessary delay and unsporting conduct.
 - D. There is no penalty.
97. It is legal when:
- A. There are two liberos in the set.
 - B. An injured libero is replaced by another player during the same set.
 - C. The libero enters the set at right front.
 - D. None are legal.

98. It is legal for the following individuals to call a time-out:

- A. Only the playing captain.
- B. Only the head coach.
- C. Assistant coach.
- D. Playing captain or head coach only.

99. It is legal for a head coach to make a substitution prior to the start of the match.

- A. True
- B. False

100. It is legal for only the head coach to withdraw a substitution request after it has been recognized.

- A. True
- B. False